

# Save the Planet. Save Money. Get Certified



## Beyond the Office Tips for Spring



The snow and ice are beginning to thaw. Do you know what that means? Spring cleaning! Follow these tips to go green for spring cleaning this year:

1. Instead of buying expensive single-use mop pads invest in a reusable mop.
2. Save trees, cash, and landfill waste by switching from paper towels to washable cleaning and dusting cloths.

## Petal News...

### *Smarter Travel Project*

Volunteers needed! Earn Compensation!

The purpose of the Smarter Travel Study is to collect data through smartphone technology on how, when and where study participants travel within the community.

The aggregate data collected will be analyzed and the findings will be used by the City of Dubuque and its transit partners to implement practices and policies that incorporate lower-cost and lower-impact travel options within Dubuque.

The goal of the research is to identify options for Dubuque commuters to save money, conserve resources, and improve the environment through better travel choices,



3. Avoid toxins that are in cleaning supplies by making your own cleaners. Most of your home can be cleaned with recipes that are a combination of hot water, vinegar, and either baking soda or washing soda.

4. Ditch toxins all together by switching your synthetic air fresheners for houseplants.



whether it's utilizing public transit, bicycles or walking. Another goal is to increase transit ridership.

The first step is to take the survey. Contact [smartertravel@ecia.org](mailto:smartertravel@ecia.org) for survey info.

## Everything you need to know about Solar Energy!

Join us for a free training!

Thursday April 14th, 2016

11:30 a.m. - 12:45 p.m.

Physical Therapy Solutions (Petal Certified Business)

1129 11th St., Suite A

Dyersville, IA 52040

RSVP Required: email [hmcpherson@ecia.org](mailto:hmcpherson@ecia.org)

or

call Holly at 563.556.4166



## Discover the new Program of CLE4R!

CLE4R is a new collaborative effort between the University of Iowa, the City of Dubuque, and Dubuque-area partners including The Petal Project to improve air quality in Dubuque and the surrounding Upper Mississippi River Valley communities. The "CLEAR" in CLE4R stands for:

- CLEan
- Air in the

- River Valley

The "4" in CLE4R stands for

- Environmental Education
- Technology
- Partnerships
- Planning

Air pollution by particulate matter smaller than 2.5 microns (PM2.5) is an important issue in the river communities of eastern Iowa and Western Illinois. All parts of the affected area have unhealthy air during some portions of the year, and the affected community has taken steps not only to stay in compliance with the Clean Air Act, but to improve air quality.

Under CLE4R, the City of Dubuque and its partners will be using technology and education to improve air quality, which makes for healthier living and can attract businesses to the area. CLE4R is funded by the U.S. Environmental Protection Agency's Environmental Education Program. The project director is Charles Stanier from the University of Iowa.

CLE4R builds on existing programs in Dubuque, including the air quality improvement plan accepted by the EPA under the voluntary Particulate Matter Advance Program, a program for communities making sure they maintain their good air quality as they grow and improve their infrastructure.

For more information Please visit:

<http://www.ihr.uiowa.edu/clear4/>

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### **Waste in Your Area**

There is information on your landfill. Have you ever questioned how much is collected in your particular area or how much can be redirected elsewhere? Iowa

DNR has a statewide waste characterization study that you can look at for more information. [Click Here](#)

for information about waste near you.



**Thank You To Our Sponsors**

A sincere "thank you" to Sustainable Dubuque, Dubuque Bank & Trust, and EIMCO for your generous support. Membership dues cover only a small portion of the operating expenses for the Petal Project. We rely on sponsorship and grants for the remaining financial support.

Silver



Bronze





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